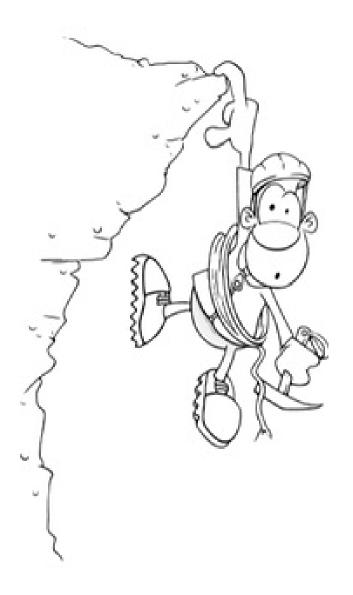
Hang in There!



Sometimes people say, "Hang in there!" This may seem like a silly or confusing thing to say. Hang *where*, in *what*, and... *WHY*?

"Hang in there!" is an idiom, a phrase with its own meaning. A person who is told to "hang in there" isn't expected to hang anywhere at all.



"Hang in there" is a phrase that may have started in a boxing ring. In boxing, if a player gets very tired, he may hang on the ropes around the ring and rest without being punched by his opponent. A few seconds of rest may be all he needs to continue and finish the match.

All people have challenges that are difficult at times. Their teachers, friends or families may say "hang in there" to encourage or help them finish a tough project, assignment, or challenge.