

## Sometimes People Stop and Think

Sometimes people stop and think. This is okay.



Babies stop and think.



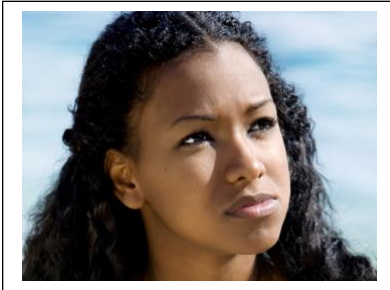
Children and teenagers stop and think.



Adults stop and think, too. Stopping to think is one way to solve a problem, rest, or maybe get a new idea.



Sometimes people think about happy things.



Sometimes people have confusing, sad, or angry thoughts.



Other times they just stop and think for a while.



After people think, they may go back to what they were doing before they stopped to think. Or, they may do something else. That's how people stop and think.