Our Workout & Playtime Story

Sometimes my mom and I go to work out and play. We go to the Bradley Wellness Center together.



-2-

We walk in through this door. There's a place for mom to work out and a place for me to play. Mom takes me to the Kids Zone to play.



-3-

Mom and I are in the same building. She's in a safe place where adults work out for a while. There are trainers to help my mom.



-4-

When Mom is working out, I am in the Kids Zone. Kids Zone is a safe place for kids to play for a while. There are adults there to help me and other kids, too.

-5-

When mom is done working out, she comes to Kids Zone to get me. We're together again!



-6-

Time to move on! Mom and I walk out of these doors together. We're done for today with working out and playing at the Bradley Wellness Center.