

There is Always a Schedule

- Carol Gray

Calendars help adults keep track of their activities. On a calendar, every day has a date. There is a box for each date.

Some kids use calendars, too. There are many things that kids write or draw on a calendar. They use them to keep track of their activities. Some kids draw circles around days when something fun is planned.



Some kids use a journal. A journal is a place to write or draw about each day.

Sometimes it's a good idea to make a journal entry when the day is almost over, just before getting ready for bed.



Every day has a schedule. School days, vacation days, and days at home have schedules.

Some schedules are posted. At school and sometimes at home, Posted Schedules list subjects and the times that they usually occur. Many families have Posted Schedules that list chores. Sometimes, a Posted Schedule also includes when chores need to be completed. This is because some chores need to be done at about the same time each day.



An Unposted Schedule is not posted. At school, a field or sports day may follow an Unposted Schedule. The school staff may not post the activities and when they will happen, even though they know what will happen first, second, third, and so on. It's okay to ask a teacher or assistant about what will happen next.

Sometimes, often in the summer or on a day off an adult may say something like, "Well...we really don't really have a schedule today." This is okay. It is also a mistake. Every day has a schedule! Each day has either a Posted Schedule, an Unposted Schedule, or a Discovered Schedule.

When no one knows what the schedule is, it is for sure that it will be discovered before the day is over. It's a Discovered Schedule.



A Discovered Schedule needs a reporter. This is a person who writes down what happens and when during the day. Almost always, something happens. At the end of the day, there's the Discovered Schedule!



When kids have time off from school, they may use a calendar or journal to keep track of things. I may try using my own calendar or journal, too!

Every day has a schedule! It may be posted, unposted, or it may need to be discovered!



